



SANDY PARKS & RECREATION ORGANIZED HIKES "WHAT'S NEXT"

440 East 8680 South – Sandy, Utah 84070

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Come enjoy the outdoors with our guided hikes on Tuesday evenings. Children must be accompanied by an adult. No Pets. Distances are calculated as round trip. All hikes are on maintained trails.

Rankings: **Novice** – individuals that have never hiked before or are bringing children from ages eight to eleven.

Beginner – individuals that have hiked a few times in the past, but need more break times during hikes.

Intermediate – individuals who have hiked before and can maintain a steady pace.

Sponsored by



#1 BELL CANYON LOOP – TUESDAY, JUNE 9, 2009 @ 6 pm

BEGINNER

This loop hike offers excellent views of Sandy City, the Oquirrh Mountains and the Great Salt Lake while passing next to Bell Canyon Reservoir. Please ensure your footwear offers you the support and grip necessary for loose soil on steep angle stretches. A hiking stick or ski poles is a recommended. We will not retrace our steps to the beginning, but end at another trailhead.

Meeting Location: Bell Canyon Trailhead – 10245 S. Wasatch Blvd

Distance: 1.25 miles

Elevation Gain: 578 ft.

Estimated Time: 2-3 hours

#2 WILLOW LAKE (round trip) - TUESDAY, JUNE 23, 2009 @ 6 pm

NOVICE

Come and enjoy a walk through the quaking aspens . . . they sing. This hike begins a bit steep and then levels off nicely. This hike is different from the others in that we will hike back down the same way we hiked up.

Meeting Location: The west end of the Big Cottonwood Canyon park and ride parking lot (Ft Union Blvd and Wasatch Blvd.)

Distance: 1.75 (total)

Elevation Gain: 600 ft

Estimated Time: 2-3 hours

The reason this hike is novice compared to Bell Canyon hike is due to the loose terrain on the Bell's hike.

#3 BUTLER FORK VIA MILL D NORTH LOOP – TUESDAY, JULY 14, 2009 @ 6 pm

INTERMEDIATE

This hike will introduce a network of connecting trails that will allow you to explore many more connecting trails. We will hike to Dog Lake and through some less traveled areas in Butler's East Fork, never retracing our steps. We have often seen moose and deer in this fork on the Sandy Hikes.

Meeting Location: The west end of the Big Cottonwood Canyon park and ride parking lot (Ft Union Blvd and Wasatch Blvd.)

Distance: 7.45 miles (total)

Elevation Gain: 1500 ft

Estimated Time: 4 hours

#4 BRIGHTON via ALBION BASIN LOOP – TUESDAY AUGUST 4, 2009 @6 pm

INTERMEDIATE

We will start in Little Cottonwood and hike to Catherine Pass and then down into Lake Catherine, Lake Martha and Lake Mary, finishing in Big Cottonwood Canyon, never retracing our steps. This area is pristine and offers a couple of alternate routes for future hikes of your own.

Meeting Location: The west end of the Big Cottonwood Canyon park and ride parking lot (Ft Union Blvd and Wasatch Blvd.)

Distance: 2.85 miles

Elevation Gain: 964 ft

Estimated Time: 2 hours

This hike requires more time as we will need to shuttle up and down Big and Little Cottonwood Canyons to retrieve vehicles. It is likely that we won't be done before 11 pm.

#5 ELBOW FORK via BOWMAN FORK LOOP – TUESDAY, AUGUST 18, 2009 @6 PM

BEGINNER

This is a great hike that traverses the Millcreek road for the majority of the trail (out of hearing and sight of the road). We will hike to our parked cars at the Elbow Fork area.

Meeting Location: Dan's parking lot in the Olympus Hills Shopping Center (3536 East 3900 South). The hiking coordinator for the evening will have a bandana tied to the antenna of his/her car.

Distance: 2.85 miles

Elevation Gain: 964 ft

Estimated Time: 2 hours

Please be advised that Millcreek Canyon charges \$2.25 per vehicle upon leaving the canyon.